

The need for continuous medical education among medical practitioner

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Abstract

Continuing medical education was aimed at providing on a daily basis the current stands or information concerning all subjects in all known fields of medical practice. This practice is aimed at keeping all health workers updated both in their knowledge, skills and professional acumen/activity at all times.

Several professionals insist on what they term as their professional experiences and on what they say had worked for them over the years. These successes may not have aligned with any known standard protocols, nor any proven medical narration. They would therefore insist on their ways and occasionally may end up in traumatic experiences or even disasters. So, why do trained health workers, who should engage in a continuous medical education that was aimed at upgrading their current information never seems to accept such aids, instead remain outdated.

Keywords: CME; Heath workers; Resistance; Consequences

1. Introduction

Growing up in my native village deep in the evergreen habitable forest of the Niger-Delta region of my nation, and of the South-Eastern extract, farming was the only known way of life. This may occasionally be assisted by hunting by members of the community that are skilled in this business. Usually, most farmers listen to each other, and generally accept suggestions of what kinds of farm produce should be planted annually. Compliance with these suggestions do not always leads to bountiful yield yearly. but, in several cases, trained professional health workers may not accept even professional advice on what may work and change their esteemed directions and plans.

Continuous medical education is not aimed for those categories of workers to discard what information that they already have but to build on them and thereby offer better and more detail information to their patients. This is so that such retrained and updated health workers can then professionally meet the needs of the patients, and the health facility and also improve their own medical knowledge⁽¹⁾.

But gradually as all things are, there is a progressive shift from the ordinary continuing medical education which majorly aimed at improving professional competency to the more encompassing continuing professional development⁽²⁾ or CPD.

This new scope includes behavioral change, social and managerial skills and the multi-disciplinary context of patient care.

Knowing and accepting the fact that on a daily basis a new study, probably many studies are published globally and also maybe new and improved advancement are made in the health sector⁽³⁾.

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The advancements impact on how our patients who depend totally on their health care deliverers are assessed, treated and care for by a well-informed care-giver⁽³⁾.

Subsequently, therefore, all health care workers needs as a matter of professional correctness to their dependent patients engage in educative continuing medical education so as to stay on top of these new trends as soon as they come out^(3,4).

As a result of the need for one to gain improved medical professionalism, many professional faculties and organizations demands that all their members should engage in CME in order to be re-registered annually. Such members are to provide evidences of attendance to such CME programs. These evidences are signed out as credits or hours of attendance and they are needed for yearly re-certifications of our practicing licenses⁽⁵⁾.

The contest of the CME was aimed generally for the improved provision of health care to the public. Based on this, national facilitating bodies were set to oversee the CME programs in their different nations and the obtained credit hours or parts was tied to different regulations and needs of such nations.

CME?CPD mandate for health workers in different countries:

- No mandate for physicians to engage for CME so as to enable for recertification to practice medicine in the following nation
 - Algeria
 - Isreal
 - Lebanon
 - Morocco
 - Oman
- In several other countries, one must participate and earn credits hours to enable one get license and to practice medicine. These countries includes:
 - Bahrain
 - United Arab Emirate
 - Jordan
 - Saudi Arabia
 - Kuwait
 - Qatar⁽⁷⁾

In West African nations, some countries require CME

WHAT ARE THE BENEFITS OF CME?

- -Enhanced Professional Competence
- -Bridging Knowledge Gaps
- -Networking Opportunities
- -Continued Accreditation and Recognition
- -Career Advancement
- -Adapting to healthcare Innovations

2. Conclusion

In conclusion, continuous medical education is important in the medical professions and should be encouraged as times are changing and we need to be abreast with the changing times and newer diseases.

Compliance with ethical standards

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Disclosure of conflict of interest

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